

**SAINIK SCHOOL JHANSI**  
**SCHOOL ROUTINE ORDER BY**  
**LT COL NIRMAL JEET SINGH, PRINCIPAL**

Ser

Jul 2022

**SCHOOL ROUTINE 2022-23**

(a) **ROUTINE: MONDAY TO SATURDAY**

<b>EVENT</b>	<b>TIMINGS</b>
Reveille	0445 h
Morning Tea	0500 -0520 h
Fall In	0530 h
PT	0545 - 0630 h
Wash & Change	0635 - 0725 h
Breakfast	0730 - 0800 h
Assembly	0805 - 0815 h
1 <sup>st</sup> Period	0820 - 0900 h
2 <sup>nd</sup> Period	0900 - 0940 h
3 <sup>RD</sup> Period	0940 - 1020 h
4 <sup>th</sup> Period	1020 - 1100 h
Tea Break	1100 - 1130 h
5 <sup>th</sup> Period	1130 - 1210 h
6 <sup>th</sup> Period	1210 - 1250 h
7 <sup>th</sup> Period	1250 - 1330 h
Lunch	1330 - 1415 h
Rest	1415 - 1645 h
Games	1700 - 1800 h
Tea & snacks	1805 – 1825 h
Wash and Change	1830 – 1850 h
Evening Prep	1900 - 1955 h
Dinner	2000 - 2045 h
Night Prep	2100 - 2130 h
Roll call	2145 h
Lights Out	2200 h

(b) **SCHOOL ROUTINE ON SUNDAYS/ HOLIDAYS**

<b>EVENT</b>	<b>TIMINGS</b>
Morning Tea	0630 – 0700 h
Wash & Change	0710 – 0815 h
Breakfast	0830 - 0900 h
Phone Calling	0910 - 1040 h
Movie / TV	1100 - 1315 h
Lunch	1330 - 1410 h
Phone Calling	1415 - 1515 h
Tea & snacks	1800 – 1830 h
Own time	1830 – 1930 h
Dinner	1945 – 2025 h
Phone calling	2030 – 2130 h
Roll Call	2130 h
Light out	2200 h

**Note:** On Sunday/Holiday Movie and Games will be under the supervision of JCO/ Drill Instructor and PTI along with Ward Boys and duty master.

(Nirmal Jeet Singh)  
Lt Col  
Principal